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The Welcome Edition!

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THE
INNIS HERALD

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The Innis Herald has given a voice to the students of Innis College and the University of Toronto since 1965. We circulate 1000 copies of our paper to Innis students, alumni, faculty, and anyone else who happens to come across it.

We are committed to covering stories that matter to students. Our content aims to help students connect to their college, campus, city, and world.

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Hello from the new Dean of Residence and Student Life

COURTESY OF WOODSWORTH COLLEGE

INNIS LIFE

Steve Masse is an accomplished student life administrator. The previous Assistant Dean at U of T's largest college, Woodsworth, Steve brings his charismatic leadership and his two pups, Beau and Lulu, to the Office of Student Life.

My name is Steve Masse and I have the honour and privilege of being your new Dean of Students. I'm thrilled to be among one of the first people to welcome you to Innis College – a truly fantastic place to learn, connect, and grow!

As the Dean, I'm responsible for overseeing all student life activities at the College, as well as managing the residence operation. These activities include a wide array of orientation, mentorship, leadership, skills, and community outreach programs designed to help you meet new friends, learn something new, and have some fun outside of the classroom!

My team and I are also available to you for support at any point throughout your time on campus. We know the university is a big place and you may not always know where to turn. Make our office your first stop and let us help you explore your options and find the best way forward.

Throughout the coming weeks and months, I'd like to encourage you to take advantage of the many opportunities at the College to get involved. Whether that be as an ICSS or IRC rep, mentor/mentee, writer for The Herald, or member of a club, getting involved is one of the best ways to find community on campus.

As a new member of the College community myself, I am truly looking forward to getting to know you as the year unfolds. My office is located on the main floor of the residence and I'd love for you to pop by and say hello! I can promise you hot coffee/tea and, if you're lucky, maybe even a visit with my pups, Beau and Lulu.

Once again, welcome to Innis! We're so happy you're here.

- Steve

Advice from the Registrar

INNIS LIFE

Donald Boere is the Registrar and Vice-Principal of Innis College. In 2013, he founded U of T's award-winning FASTanswers, a quick search feature for first-year students, and in 2017 he won the Jill Matus Excellence in Student Services Award. An avid oboe player, Donald continues to have a reputation among Innis students as a "godsend," giving excellent advice and saving academic careers at the eleventh hour.

Sometimes being a student comes with challenges. A little help can go a long way. All five of us in the Registrar's Office are here to help.

We use our knowledge of registrarial minutiae as well as our cumulative understanding of your studies in the Faculty of Arts & Science to provide you with accurate information and sound advising in an atmosphere of trust, comfort and confidentiality. We take our responsibility to you seriously.

So if you're looking for help strategizing course and program selection, or ironing out academic, financial or personal details, or adjusting to new learning styles, or juggling personal and work priorities with academic commitments, or wondering what to do with your degree, consider your Registrar's Office a reliable first stop.

We can also connect you with specialized services on campus to help you excel at University.

Over half of all Innis students meet with us in an advising appointment each year. And we work alongside some remarkable Innis students who create digital perspectives on university life through multiple student (and alumni) voices. If you haven't seen these webtools already, google U of T plus "askastudent" or "Starter Kit" or "fastforward." Also check out "U of T Tips" on Facebook.

COURTESY OF U OF T ALUMNI

Donald Boere at his desk, where he meets with hundreds of Innis students over the year.

We asked, he answered

Four questions to get to know Innis Principal Charlie Keil

Principal Keil outside of his office, located in Innis College COURTESY OF ALICE XUE

The Innis Herald

INNIS LIFE

Charlie Keil is the eighth Principal of Innis College and a professor in the college's Cinema Studies program. Since becoming Principal in 2015, Charlie has strived to get to know hundreds of Innis students. His annual Principal's Dinner during orientation week and evenings with notable Innis Alumni have become a hit with students, and demonstrate his commitment to serving the students of Innis College.

Innis Herald: What are three things your office is responsible for in the College?

Charlie Keil: I should say at the outset that the office of the Principal is ultimately responsible for everything, which may make it seem to an outside observer that I don't actually do anything. But the Principal tries to set a general direction for the College, in consultation with the College community, which includes students, of course.

Since your question asked me to identify three things, I will do my best to answer the question:

1. I am driving forward the process that will ideally see the College building expanded substantially. We just completed the Concept Design phase, and now we are embarking on a capital campaign. Students will absolutely benefit from the extra space that will come with the new build. The design drawings are available for anyone to view.

2. I identify sources of need, especially when it comes to students, and then I try to address them. This can lead to new scholarships or funding sources, such as the recent Student Refugee Fund, and the Admission Award for Indigenous Peoples, inaugurated this year.

3. I work to bring students and alumni together, either through Principal's dinners or other less formal arrangements.

I want to add that students don't need a reason to visit my office—they should just come by and see me!

IH: What are some ways in which students can contact you?

CK: I try to be as visible and actively involved with students as I can, but because I do attend a lot of meetings, I am not always easy to find. That said, I will always make the time for student interaction. Working through the Principal's assistant, Maitri Vosko, who is one of the most approachable people on the planet, is a good way for students to arrange to meet me. My office is on the first floor of the College building—Room 124.

This fall, I will be having dinners in the Events Room as I have every fall since I became Principal. This year, I will be joined by the new Dean of Students, Steve Masse, so students in the residence can meet both of us at those dinners. And I hope to provide guided tours of the College building for students in the fall as well, so stay tuned for more details about that. Finally, I am the host for many of the events we hold in Town Hall during the year, so if students come to those, they are sure to find me there.

IH: What is your favourite part of the job?

CK: As you can probably tell from my earlier comments, I really do like interacting with students and alumni. I've met a lot of Innis students over the course of my three years as Principal, and it's an endlessly rewarding aspect of the job. Working to make positive change for the students is my main motivation.

IH: What is the most bizarre or interesting fact you know about Innis College?

CK: Well, the fact that Innis has had three homes at three different sites is pretty distinctive, I'd say. When the College was founded in 1964, the original building sat on King's College Circle. Four years later, it moved to the Macdonald-Mowatt House, where the School of Graduate Studies is now located. It didn't arrive at its current location at Sussex and St. George until 1975. And now it's time to ensure that a building built almost 45 years ago can meet the needs of a student population that is close to three times larger than it was in the 1970s.

COURTESY OF ALICE XUE

Charlie speaking with students at a poetry event at Innis College.

COURTESY OF INNIS ALUMNI

Principal Keil wearing a funny hat at his installation in 2015.

Why and how you should bike in Toronto

Tom Fraser

TORONTO LIFE

Biking makes for a fast, cheap, and fun commute if you know how to do it safely, writes Tom Fraser.

If you're coming to Toronto for the first time, you might be a little stressed out by how vast it can seem – once you step off campus, the city goes on for ages in every direction, and navigating that can be a little daunting. If you're living in residence, you might want to branch out and see the city; yet you may also be unsure as to how to really do that. You might have classes back to back at opposite corners of campus, or you might be living off campus and in need of a speedy way to get to a 10 a.m. class. If you wanna get around town effectively and actively, there's no better way than biking. Here's why:

1. **It's faster** – because of traffic downtown, it's more often than not way faster to ride a bike than it is to take the bus or streetcar, and obviously way quicker than walking too! At certain times of day, a 5 minute bike ride could take 20 minutes on the TTC. On a bike, you have way more control over how long your trip will take, and it's way better when you're rushing.
2. **It's cheaper** – TTC costs add up, especially if you're taking it regularly. A bike is a two-time expense: you buy your bike, and you buy a good lock, and you're set. In the long haul, you're saving money by biking versus taking transit.
3. **It's carbon-neutral** – public transit is way better than driving for CO_2 emissions and is still a great option for reducing pollution, but there's nothing better than having a completely pollution free commute.
4. **It's fun** – nothing beats the feeling of biking to class on a nice day. Why should your commute be a chore when it can be one of the better parts of your morning?

So there's why you should do it, but how you do it is just as important. Straight up, biking in Toronto is dangerous and not for the faint of heart. Back in June, a woman was struck and killed while biking at the corner of Bloor and St. George St, just a few hundred metres from Innis. For every fatality, there are loads of non-fatal collisions. Toronto has got great cycling infrastructure compared to most cities – loads of bike lanes, separated and unseparated, and a really strong and growing culture of commuting by bike – but there's still a lot of risks involved in cycling in the city. There are risks involved, but biking in Toronto is absolutely worth it if you take the precautions to protect yourself. Here's how:

1. **Wear a helmet** – holy mother of God wear a helmet. Toronto's laws don't require you to, but just do it. If you ever have a crash or collision, you'll be glad you did.
2. **When you can, stay on streets with bike lanes** – Toronto's bike lane network is far from perfect, but the bike lanes the city has added over the past few years have made lots of streets a whole lot safer. More specifically, if you can, stay on the quieter streets which have bike lanes. Use the Harbord/Wellesley bike lanes instead of Bloor or College if you're going east or west from campus. For good north-south bike lanes, you have to go a bit farther wide, but Shaw and Sherbourne have good ones.
3. **Always watch your surroundings** – cars are unpredictable anywhere, but Toronto drivers are specifically so. When you're biking, keep an eye on where cars are.
4. **Be ready for anything** - if you have a bad feeling about a car near you, slow down and prepare yourself just in case. Often you can tell which cars are gonna fling their doors open or turn suddenly. You can avoid lots of potential collisions like that, and, in situations where you can't fully prevent the collision from happening, you can minimize the damage to yourself. Good reflexes are crucial; be ready to brake abruptly if need be.
5. **Take good care of your bike** – having working brakes is so important, as is having a vehicle that's easily manoeuvrable. It's way easier to avoid a dangerous situation in a pinch if your bike is in good condition and can do what you need it to. There are lots of great resources on campus for regular upkeep – take advantage of them.
6. **Be confident** – this is the most important one. Drivers in this city don't understand how to drive when bikes are nearby, and many get nervous when bikes are near them. Be self-assured in your actions and do them with determination and purpose; a bad situation is far more likely to happen if you're hesitant or jittery. Know that you are capable and be clear with your movements.

Toronto has a long way to go to be a perfect biking city, but cycling is a great way to get around town if you know how to do it safely. Approach your commute with caution and care but have faith in yourself that you know what you're doing. Have fun and always wear a helmet!

Sepetember in the city

Whether you're new to the city or grew up here, there are loads of exciting events to check out during September!

Toronto International Film Festival (TIFF)
September 6 - 16

TIFF is one of the largerst film festivals in the world, drawing hundreds of thousands of people to Toronto to see a diverse range of films. Some of this year's highly anticipated films include *Widows,* starring Viola Davis, and *If Beale Street Could Talk,* directed by *Moonlight* director Barry Jenkins. Check out a film and try to catch some of your favourite stars on the streets of Toronto!

Kensington Market Jazz Festival
September 14 - 16

Explore the eclectic streets of Kensington market while enjoying some of the best jazz the city has to offer.

Museum of Contemporary Art (MOCA) Grand Opening
September 22 - 23

Enjoy free admission to Toronto's newest art gallery, MOCA, during their grand opening. For this weekend only, you'll be able to learn about the artwork from the artists themselves.

Nuit Blanche
September 29

Nuit Blanche is a free, city-wide art festival produced by the City of Toronto. Breathtaking installations from over 300 artists take over the streets and transform the city from sunset to sunrise. This year's theme "You Are Here" will explore the personal and cultural histories of the city's diverse population.

Getting to know your councils

Words of welcome from the IRC, ICSS, and UTSU

This year's IRC members, including the executive, senior house reps, and club co-chairs.

Daniel Li

INNIS RESIDENCE COUNCIL

Hey Innis! I'm Daniel Li and I'm currently a 3rd year Health and Disease Specialist. I'll be your 2018-2019 President of the Innis Residence Council (IRC)!

In addition to representing residents during decision-making processes at the college, the IRC helps foster the residence community by holding events. Everything from our annual trip to IKEA to semi-formal, we're behind the scenes making sure things are run smoothly. The IRC also has more than a dozen positions and even more opportunities for residents to get involved. Don't be afraid to reach out to me if this is something you're interested in! Getting involved was one of the best decisions I ever made in my first year and I want everybody to have the chance to do the same.

If you ever have any questions, you can usually find me all around the residence. The IRC and I will also be hosting regular office hours, so be sure to pop by whenever you can – I love a good chat! If you prefer to email me, you can send them over to president@innisirc.com and I'll be sure to answer in a split second.

The rest of the IRC and I are extremely excited to meet and get to know all the first-year residents!

Innis College's UTSU Representative, Lucas Granger.

Lucas Granger

UNIVERSITY OF TORONTO STUDENTS' UNION

Hey Innis! My name is Lucas Granger, and I have the honour of representing Innis College at University of Toronto Students' Union as your Director this year. I am a third year student pursuing a degree in History and Urban Studies. I currently live in Innis Residence where I also work at the Front Desk, so don't be shy — say hi!

My role largely consists of sitting on the Board of Directors committees, discussing everything from finances, services that the UTSU provides, internal governance documents, and the organization of campus campaigns with other Directors. It can be hard to truly define this role, as so much of a Director's job is made by their own priorities; but I intend on representing our college to the best of my ability and keeping the UTSU accountable to its membership, the students of this university. I am excited to work with the Innis College Student Society and the Innis Residence Council this year to better represent the interests of the college students at a larger university level.

If any of you need to contact me with questions or concerns about the UTSU, you can reach me at Lucas.Granger@utsu.ca. If you want to be less formal feel free to send me a message on Facebook, or just stop me on the street!

Good luck in your first year - I'm looking forward to meeting all of you very soon.

A collection 2018-2019 ICSS members.

Brandon Liu

INNIS COLLEGE STUDENT SOCIETY

Hey Buddies! My name is Brandon Liu. I am a 3rd year Political Science Specialist, and I will be your 2018-2019 Innis College Student Society (ICSS) President. But what does the ICSS mean to me and how does it affect you?

The ICSS is hosts over 30 events during the school year. Some of the events you can look forward to are:

1. Commuter events that will be held throughout the year and can be found on the Innis College Commuter Facebook Page. (Free food and a chance to socialize with other Innis Students! Also, open to all Innis Students and not just commuters.)

2. The social directors hold prominent events throughout the year such as trips to Wonderland, trips to pumpkin farms, and pub nights! Their first event is a pub night at the Fortunate Fox on September 6th!

3. Finally, the biggest event of the year is Innis Formal. Formal is an event for everyone at Innis to dress up, take pictures, dance and take advantage of the open bar (if they're 19+ of course). You can see pictures of past formals on the ICSS Facebook page!

The best ways for students to find or interact with me would be during my office hours, through the "Innis College Student Society - ICSS" page on Facebook, and "innisICSS" on Instagram. You can also message me on my personal instagram (@BrondonL) and Facebook if you have any questions about the ICSS or life as an Innis/UofT student.

My biggest goal this year for the ICSS is to make our council more approachable and have more people utilize our great events! We are currently looking to fill 8 more positions at the ICSS:

- 3 First Year Representatives (1 Commuter, 1 Residence and 1 Chestnut) (only open to first years)
- 1 Commuter Representative (open to any Innis Student not living in residence)
- 1 Clubs and Merchandise Director (open to any Innis Student)
- 1 International Representative (Only open to International Students)
- 1 Marketing Director (hired position)
- 1 Video/Photographer (hired position)

If any of these are of interests to you, feel free to come and ask me or any of the seventeen ICSS members during orientation and we'll let you know more about it!

Innis is a great place to get involved and meet some great people! I hope you'll all take advantage of these awesome opportunities and come to love Innis as much as I do.

How to U of T

A personal guide to managing life on campus

COURTESY OF U OF T

The University of Toronto as seen from King's College Road.

Louisa You

STUDENT LIFE

Are you stressed? Nervous? Anxious? Me too.

But are you also a tiny bit excited to be starting this new chapter of your life? Are you looking forward to where life might take you? Good – now remember that thread and grasp onto it. Someone once told me that your undergraduate degree is more about character development than anything else, so take that spark and run with it. We're here to help you figure out everything else.

HOW TO HANDLE A TOUGH COURSE

If you got into U of T, you most likely did pretty well in high school. Congratulations! Now set that aside because university is a whole different beast.

Inevitably, you will meet a course that sucks the soul from your body, and the first step to managing that is to know that IT'S OKAY. School is hard. Now take a breath and really think about what part you're struggling with. Are there too many readings? Are you struggling to go to class? Is it that you're not understanding what the assignments are asking of you? This first step is always a useful way for me to step down from general panicking and begin to formulate a plan.

Once you get an idea of why you're struggling, here are a few options:

- **Ask your TA:** Useful for clarification of class concepts.
- **Talk to your professor:** Go to office hours! If you can't or don't feel comfortable going, send a respectful email asking to book an appointment. Professors can help you not only by explaining concepts, but by working out how you can improve your assignments or your performance in the class overall.
- **Book an appointment with the writing centre:** The advisors can help you edit your written assignments and having to explain your ideas to someone else can really help you learn. You can book an appointment online here: http://innis.utoronto.ca/current-students/academic/innis/writing-centre/appointment/
- **Book an appointment with the registrar:** The registrar is immensely helpful with any type of problem you might be struggling with, whether academic, personal or financial. Don't be shy! They're super kind and helpful. Contact them to book an appointment with the academic advisor or learning strategist. Check out their website out for more information: http://innis.utoronto.ca/current-students/academic/innis/registrar/
- **Join a study group:** These are groups recognized by U of T, and you can even start your own! More information here: studygroups.artsci.utoronto.ca
- If you're looking for a really quiet study space, you can book a group study room at a U of T library here: https://onesearch.library.utoronto.ca/group-study-rooms
- And of course, if you just need someone to chat with – maybe over a cup of tea and snacks – the **Innis Residence Dons** are upper year students who would love to help. They hold office hours on the ground floor of the residence usually at night, after 9 pm.

HOW TO REGISTER WITH ACCESSIBILITY SERVICES

The accessibility services website (https://www.studentlife.utoronto.ca/as/new-registration)has very helpful packages that can help you register for accommodations, or help you figure out if you do have a disability. You can also drop by their office (455 Spadina Avenue) to pick up registration forms. You can register for a wide variety of reasons, such as a head injury, mental illness, or even a broken arm. Note that you need to get the forms validated by a health practitioner, such as your general physician or psychiatrist etc. before submitting.

Accessibility services can also help you during exams by deferring them, or getting accommodations (such as taking an anxiety break). They can also give you access to the volunteer note-taker pool for your class notes.

HOW TO GET A JOB ON CAMPUS

The Career Learning Network (https://cln.utoronto.ca) has a long list of possible jobs you can apply to, including on-campus, off-campus, and work study positions. Work study jobs are great because you can work for a U of T professor or college for a limited amount of hours every week. They understand that you're a student, and know you might not have a lot of free time!

If you need any professional help at all, you can check CLN calendar for workshops you can attend – this includes resume and cover letter building, transferable skills, and how to build a LinkedIN profile. Look for the St. George Career Exploration and Education tab under the Events and Workshop Calendar once you've logged in as a student.

If you're more into one-on-one meetings, the Innis Career Educator Mary Stefanidis is here for you. Not only can she look over and edit your resume, she can also help you with advice on finding work and applying to professional schools. You can book an appointment by talking to Sarah Burley Hollows (Assistant Dean of Student Life) in the Office of Student Life, or through the Registrar's Office.

OTHER HELPFUL INNIS PEOPLE:

- Carrie Smeenk, Learning Strategist
- Jaylin Bradbury, Health & Wellness Counsellor
- More information here: http://innislife.utoronto.ca/college-life/on-location-advisors

HOW TO ASK FOR HELP

Personally, I find that the hardest part of asking for help is acknowledging that I need help. Although I'm constantly aware of how much of a mess I am, it is extremely difficult to recognize that my problems might be too big for me to handle alone.

If you ever feel like this, know that it gives me immense pleasure to be able to offer you some advice/point you in the right direction. You're welcome to approach any upper year or Innis staff member – we would be happy to help you.

Bonus Tip: Be vigilant and look out for posts on the Innis Residence and Innis College Facebook pages to get to the many, many free food events throughout the year.

The best coffee shops to study in

Victoria Wilson
LIFESTYLE

Entering her fifth year at the University of Toronto, Don Victoria Wilson has a few tricks up her sleeve when it comes to studying. One is to find places to study that make her feel happy. Her list of five coffee shops to study in has something for every type of worker. While avoiding corporate chains, all offer free wifi and a chance to elude their gloomy counterpart, Robarts.

1. 5 Elements Espresso Bar

This three level coffee shop is a cozy study spot that's close to campus. The upper level is a cafe with table seating. The downstairs offers a more spacious study/work space equipped with two-person tables, and a seating area that faces a fireplace. This location is a little louder due to music, but still has a strong work/study vibe. I highly recommend the iced cappuccino with a shot of hazelnut.

Directions: From campus head east on Bloor then walk north on Avenue Road. (Approx. 15 minutes).

Ideal for: Those who study in medium-loud environments.

2. Tampered Press Espresso Bar

Tampered Press is right across the street from the beautiful Trinity Bellwoods Park, and has lots of delicious and affordable food options as well as an abundance of outlets and power bars, so charging will not be an issue if you need to hunker down for an afternoon study session. This coffee shop is also one of the quieter locations on this list. While not very spacious, Tampered Press does facilitate a sense of community as everyone focuses on their own work at the central shared table or side tables.

Directions: Take the College Streetcar west to Crawford, then walk south through the neighbourhood and Trinity Bellwoods Park. (Approx. 30 minutes).

Ideal for: Those who study in quiet environments and need accessible outlets.

3. Creeds Coffee Bar

Only a 20 minute walk north of campus, *Creeds* offers what I believe to be one of the most spacious work spaces, with big, beautiful wooden tables and both comfy and traditional seating. They also have a freezer full of popsicles!

Directions: Walk north on Spadina to Dupont then head west on Dupont (Approx. 20 minutes), or take Line 1 North to Dupont Station, then walk west. (Approx. 10 minutes).

Ideal for: Those who study in quiet environments and need more table space.

4. b espresso bar

If you want to study on campus, but want to get away from the libraries and chain coffee shops, *b espresso bar* is the place to be! It is attached to the Royal Conservatory of Music and backs onto Philosophers Walk. My favourite reason for studying here is the giant skylight filling the open space with natural light. Note that there can be a fair amount of foot traffic and conversational meetings taking place, but overall it's a great place to grab a coffee and have the illusion of feeling like you're off campus.

Directions: Walk east on Bloor just past Varsity Stadium and enter the east side of the Royal Conservatory of Music. (Approx. 8 minutes).

Ideal for: Those who study in medium-loud environments.

5. Fieldtrip Cafe

This cozy cafe near Ossington subway station is a bright and bustling place. *Fieldtrip Cafe* can get busy pretty quickly, but it has an old school charm equipped with traditional school chairs, a wall of plants, and a nice patio for the warmer months.

Directions: Take Line 2 westbound to Ossington Station, then walk west for three blocks. (Approx. 15 minutes).

Ideal for: Those who study in medium-loud environments.

Toronto's best urban oases

James Chapman
LIFESTYLE

With 1.1 million cars on the road and 22,000 active building permits, Toronto is a nosy and bustling metropolis. While Toronto's unique urban environment is what brings many students to the University of Toronto, sometimes you need an escape. This guide to Toronto's Urban Oases will help you find the quieter parts of the city.

1. Knox College Quad

Surrounded by an 170 year old building, this garden at the heart of campus is an excellent space for studying, photos, and picnics. Enter the quad through the wooden medieval-looking doors facing St. George Street and enter an ivy-covered stone walkway. Home to tame squirrels and wedding photographers alike, go beyond the quad to study in the high-ceiling Caven Library located in the building's interior.

For the more adventurous: For a truly medieval experience, attend one of the college's afternoon choral sessions, held every Tuesday at 4:15 pm.

2. Riverdale Farm

Riverdale Farm is a working farm located on a 1800s homestead and former zoo. The farm is open everyday until 5pm and is home to a variety of barnyard animals, beautiful flower beds, and a duck pond. Visit the farm just before closing to witness the animals' nightly transit between pens.

For the more adventurous: Follow any of the paths down from the farm into the valley. An overgrown urban park with turtles and an abandoned animal pen await you.

3. The Toronto Islands

Perhaps one of Toronto's most unique urban parks, the Toronto Islands host a 1960s amusement park, Centerville, two small neighbourhoods, a sheltered beach, and a nineteenth-century lighthouse. With beautiful gardens and a spectacular view of the city's skyline, the islands are a must-see for all new Torontonians. Best explored on bicycle, take a picnic and your swimsuit to enjoy the warm and clean beach on the Centre Island's south shore.

For the more adventurous: Rent or take your bicycle to Ward's Island and explore the quaint streets of Toronto's smallest and most isolated neighbourhood.

4. Wychwood Park Neighbourhood

Wychwood Park is Toronto's only gated community and the first neighbourhood in Canada to be granted heritage recognition. Acting as Toronto's best example of urban planner Ebenezer Howard's Garden City, the green neighbourhood is home to a large turtle pond, towering maple trees, and large brick houses. The enclaves' exclusiveness gives visitors both feelings of tranquility and unease. Visit the neighbourhood on a Saturday and shop at the Wychwood Barns Farmers Market after your visit.

Image sources (from 1-4): Paul Needham Photography, James Chapman, James Chapman, Torontoism

What you need to know about Ontario's sexual education curriculum

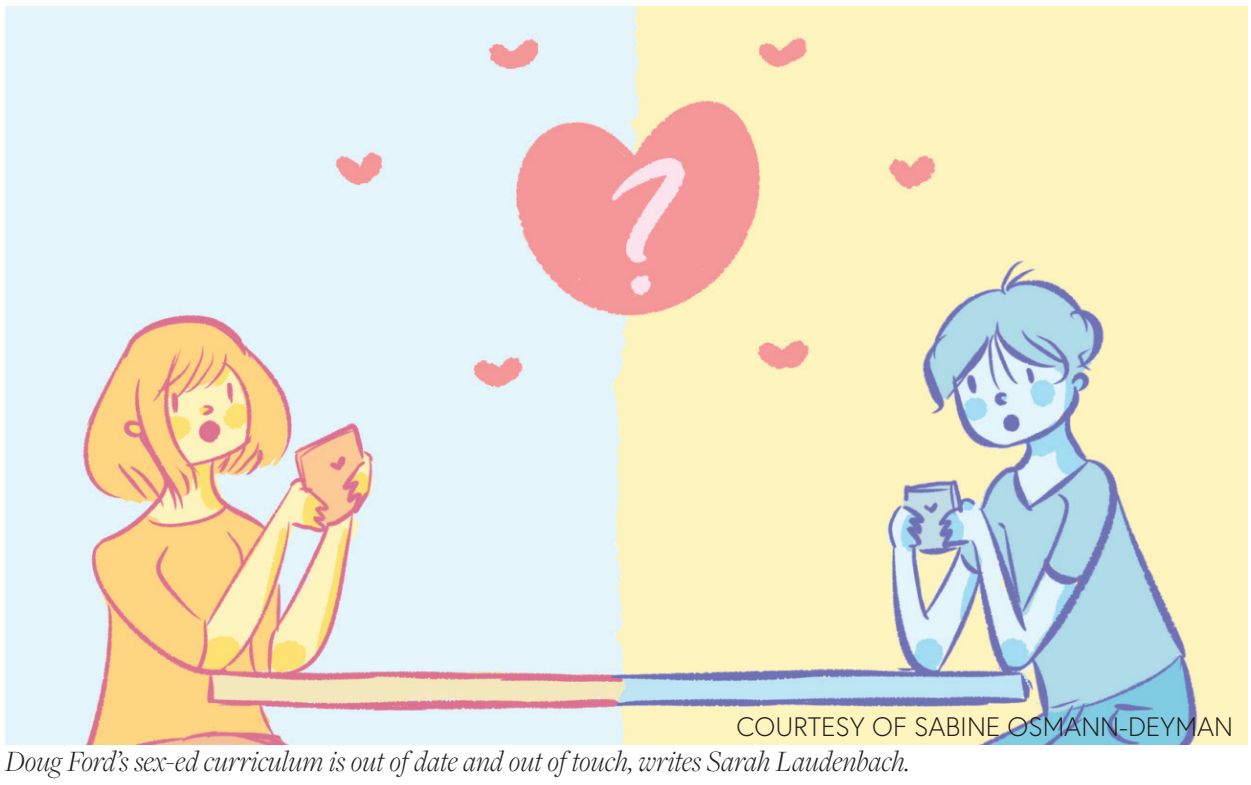
Sarah Laudenbach

OPINION

Ever since Doug Ford was named the Conservative Party's candidate for Premier of Ontario in March of this year, Ford has garnered national attention for his controversial promises. Among these are promises of one-dollar beer, cutting Toronto's city council in half, and changing Ontario's sexual education curriculum – and, now that Ford has been elected, it seems as though he is going through with many of the changes he has proposed.

Ontario's sex-ed curriculum was most recently changed in 2015 by Kathleen Wynne's Liberal government. This version of the curriculum included a larger emphasis on consent and gender identity, with children learning about these concepts at younger ages. Furthermore, Wynne's sex-ed curriculum included teaching children about different sexual orientations, maintaining healthy sexual relationships, cultural misconceptions about sex and sexuality, and both the benefits and risks of using the internet and other forms of technologically-based communications for sex. Prior to Wynne's version, Ontario's sexual education curriculum had last been updated in 1998. Wynne saw that the sex-ed curriculum was due for a serious update, given that smartphones hadn't even been invented when the last curriculum was written.

As Ontario's new Premier, Ford is now seeking to change the sex-ed curriculum in Ontario yet again – however, rather than updating it, he is reverting it. Ford intends to bring back the same sexual education curriculum that was used prior to Wynne's version. This means that children will now be taught sexual education that is twenty years out of date.



COURTESY OF SABINE OSMANN-DEYMAN

Doug Ford's sex-ed curriculum is out of date and out of touch, writes Sarah Laudenbach.

Among many other things, Ford's sex-ed curriculum will not cover homosexuality, different sexual and gender identities, safety when using technology and the internet (from sexting to internet predators), and the importance of consent. Ford claims that, when Wynne's sex-ed curriculum was put into place, parents were not consulted to see whether or not they agreed with what their children were going to be learning in school. By repealing Wynne's sex-ed plan, Ford intends to give power back to the parents, so that they can feel more in-control about what their children are learning when it comes to sex. However, Ford has also stated that his plan for teaching sexual education will allow teachers to have more "flexibility" – putting it simply, teachers will be able to more freely pick and choose what they teach to their students.

Many students, parents, and teachers have opposed Ford's plans for reverting Ontario's sex-ed curriculum, calling it dangerous, intolerant, and a major step backwards. In 2018, it seems ridiculous to even consider not teaching children online safety given that 25% of fourth grade children in Canada already have their own cell phones. What may be even more worrying is the potential lack of discussion surrounding consent. Consent is absolutely required during any sort of sexual activity, and children will no longer be taught to ask for consent, that consent is necessary, and that saying 'no' is an option. Ford's intention to let parents have control over what their children learn and to let teachers pick and choose what they are teaching will ultimately lead to incredible inconsistencies in kids' sexual education.

Doug Ford's sexual education curriculum is out of date, out of touch, and will have lasting consequence for generations to come.

Bridging the professor-student divide

Julie Shi

INNIS LIFE

Whether you're an undergrad student or working towards your PhD, approaching your professors can be intimidating. Working to bridge that gap with his new podcast *Lecture Me Not* this fall is fourth-year Innis College student Ethan Kim.

As Kim sees it, professors stand at the top of the academic staircase, untouchable with their microphones and podiums, overlooking the masses of students. The experience and knowledge that professors share in lecture also tend to isolate them from the student body, leading to misconceptions and false expectations of who professors really are and what they expect from us as students.

This barrier is certainly something worth addressing, and Kim believes the first step is conversation. Staged "like a coffee chat more than an interview," *Lecture Me Not* will delve deeper into each professor's interests and perspectives on changing academic and industry landscapes to, ultimately, learn more about the professors themselves.

Describing the podcast as "a happy medium" for easy listening on your way to class, Kim hopes that students will start seeing professors in a different light. While Kim dreams of eventually taking his podcast to the level of Joe Rogan's, he hopes for now to add U of T admin and alumni from various industries to the cast of *Lecture Me Not.*

COURTESY OF INNIS RESIDENCE COUNCIL

Ethan Kim wants to help bridge the gap between students and professors, writes Julie Shi.

As classes begin, take a leaf out of Kim's conversations and chat with your professors during office hours. You never know what you might learn.

Innis: A place for inspiration

COURTESY OF CHIAO SUN

At its inception, Innis Inspirations *was meant to capture struggles and paths to success of Innis's most successful students.*

Chiao Sun

INNIS LIFE

Hey Innis! My name is Chiao Sun and I am a fourth-year Cognitive Science student who is behind the popular photography page, *Innis Inspirations.*

Over the years, many amazing students have shared their paths to success on *Inspirations,* and these stories have impacted the lives of many readers. Only a few, however, know the page was made during my darkest time at U of T.

It was near the end of my first year when I was in tremendous grief after an accident took away my godfather's life. At the time, I was also struggling academically. I didn't like the major I was taking and ended up being on probation due to poor academic performance. Like many people, I came from afar to U of T in search of a better future. But with all these things happening, I was bewildered.

It didn't take me too long to realize that I was not the only one who struggled with school. Like me, some students didn't like what they studied, some struggled with mental health issues, and some struggled with the balance between studying and life. But what amazed me was that even the most successful students I knew had these struggles too, just like everybody else.

So, what really makes the successful students successful since everybody struggles? Innis Inspirations was an attempt to pursue the answer.

By now, three years have passed since I published the first *Inspiration* story and I'm no longer the bewildered boy that I once was. Although many people I have interviewed in the past have graduated and left this place, their inspirations will always stay here at Innis.

Innis Inspirations has published over 30 stories. You can read them on Facebook at https://www.facebook.com/innisinspirations/

Climate change is a student issue, too

Daniel Li

INNIS LIFE

While the West Coast battles raging wildfires, Toronto is struggling with flooding. Puerto Ricans are preparing for another hurricane season after struggling to repair the damage from Hurricane Maria, which struck last year. Much of the blame on these "natural" disasters can be put on man-made climate change. Rising levels of greenhouse gases have increased global temperatures and altered weather patterns worldwide. Undoubtedly, solving an issue of this magnitude requires cooperation between governments and corporations. But as Adrian Sin, Co-Chair of the Innis Residence Environmental Committee, cannot stress enough, students have a part to play too.

"It's definitely something that as young people, it's very important for us to be aware of... It's really important for students to become educated," said Adrian.

Student voices have the potential to shape current and future policies that can combat climate change. While U of T has made good progress in implementing environmentally friendly policies and research, the university could do better. Some of the new buildings are one step ahead of the game, but many older structures could benefit from green renovations. At Innis Residence, for example, poorly insulated windows encourage excessive use of the heating system, leading to rising student fees and unnecessary energy consumption.

On a larger scale, students can write to their local government representatives, stressing the importance of the issue of climate change. Over the summer, Ontarians put the Progressive Conservative party in office, who immediately called for the cancellation of green initiatives and the repeal of cap and trade in Ontario. "Our current premier is 55 years old and as he approaches his retirement age, he won't experience the effects of his actions on the environment... it's definitely a step back," said Adrian. Students have the opportunity to reach out to their governments and support representatives that stress the importance of climate change reduction policies.

For those hoping to be less involved in policy, Sin also recommended simple lifestyle changes. "Ideally, I'd like to see people to take some effort to learn about climate change and how it affects us today. It's good to take proactive steps." This can include simple things like avoiding plastic straws when they're not needed, or turning off the lights before leaving a room. In Toronto, students should always consider using public transit or walking before grabbing the keys to a car. Students should also make an effort to reduce meat consumption which, in addition to being environmentally friendly, is a healthier option. Seemingly minor changes can play a large part when many individuals act together.

At the end of the day, education is the primary goal of the Innis Residence Environmental Committee. Adrian commented, "I don't think people understand what climate change is." Annually, the Environmental Committee has put on events to teach students environmentally friendly practices and has advocated for changes throughout the residence. Their efforts have been recognized by the university, certifying the residence as a Green Residence.

The Innis Residence Environmental Committee will have Co-Chair applications available for students in early September and Representative applications in mid-September. "I encourage everyone to really look into climate change. The way I've always thought of it is we're always taking from the Earth and we're never giving back to it."

COURTESY OF NANCY ZHAO

Adrian Sin, the IRC Environmental Committee Co-Chair

Innis Town Hall: The nexus between campus and community

COURTESY OF MILMAN & ASSOCIATES LIMITED

James Chapman

INNIS LIFE

Boasting a fully equipped cinema, capable of projecting 35mm and 16mm films, and a highly trained technical staff, Innis Town Hall is a favoured venue for campus and community events alike. Yet despite its sophistication, few Innis College students frequent the multi-million dollar auditorium. Beyond cinema studies students, urban studies students, and Later Life Learners who have lectures in Town Hall, most Innis students tend to be oblivious to its existence.

This need not be the case. Hosting Sunday morning church services, weeknight knitting meetups, and summer film festivals, Innis Town Hall allows students to associate with members of the wider community on their own turf. Town Hall presents students with a truly unique opportunity to approach the often unfamiliar world of dissertations, alumni lectures, and public film screenings only steps away from familiar student spaces like the college's registrar's office, café, and commuter lounge. With students contributing substantially to Town Hall's revitalization through a five year, $5 student levy, one would hope more would take advantage of the excellent opportunities the venue presents.

For cinephiles, the Cinema Studies Student Union's Free Friday Films is a great way to visit Town Hall. Often projecting lesser-known, cult-classics, like Innis Alumnus David Cronenberg's *Videodrome* (1983), the weekly event attracts as many community members to the college as it does students. The Free Friday Film program allows students to discover new and old movies in a state-of-the-art cinema amongst an audience whose respect for the art form is represented by their almost universal silence throughout the screenings.

The venue also hosts screenings and discussions for The European Union Film Festival in the winter, Hot Docs in the spring, and the Toronto Korean Film Festival in the summer. Bringing these internationally acclaimed festivals to town hall means students can mingle with directors, producers, and industry leaders in an environment they know better than some of the festivals' most established guests.

For lovers of urbanism and politics, the Innis College Alumni Association has no shortage of events which will meet your interests. Slam-poetry sessions, book launches, and panel discussions with urban planners and policymakers were all part of last year's event line-up. On September 13th, the Newman Centre hosts a panel on Poverty at Town Hall and in November the Harold Innis Foundation hosts a lecture with famed Canadian historian, Charlotte Gray. Each evening usually includes a wine and cheese event, a great opportunity to meet with the college's administrators and alumni community (and get free wine!).

Representative of its name, Town Hall provides a space for students and members of the greater Toronto community to meet. For new students and white-haired alumni to share a glass of wine; for budding Cinema Studies majors to meet established directors and screenwriters; and for shy young academics to visit with their professors.

COURTESY OF INNIS ALUMNI

Tim with past ICSS president Aman Chohan.

FAREWELL TIM!

After serving the Innis community for twenty years, our former Dean of Students Tim Worgan retired in August.

In his long career at Innis, Tim worked to enhance the experience of all Innis students. Tim introduced the Greenlid compost program to student residences, enhanced OSL programming, and created various leadership and mentorship opportunities for students, ultimately shaping Innis Student Life for two decades.

Thank you for all of your hard work, Tim! Innis will miss you.

Five parks within walking distance of Innis

Allan Gardens Conservatory.

James Chapman

LIFESTYLE

Parks are an indispensable part of Toronto's urban landscape. The city definitely deserves its moniker of "a city within a park," as it boasts over 473 named parks and 839 sports fields. Here's a list of five beautiful and unique parks within walking distance (1-2 kilometers) of Innis!

1. Taddle Creek Park

Located just north of campus on Bedford, this park shares its name with the third floor house of Innis Residence. Named in memory of a now buried river, the park's main attraction is a fountain made from over 4 km of stainless steel, the estimated length of the forgotten river. A busy dog park also makes the park popular with students during the exam period.

2. Jean Sibelius Square

Accessible via a short walk north of Bloor Street on Brunswick Avenue, this parkette named after a Finnish composer hosts a jungle gym which can be fun for all ages. If you are lucky, some evenings you can even catch Annex-residents practicing guitar and having jam sessions in the park, providing an excellent soundtrack for your visit.

3. The Grange Park

Located behind the Art Gallery of Ontario, the Grange Park is home to modern sculptures, a weekly farmer's market, and splash pads. An excellent place to hang-out following a visit to the AGO or dinner on Baldwin Street, the park and the gallery can be reached by walking south on St. George (Beverly Street) across College to Dundas.

4. Bickford Park

One of Toronto's lesser-known parks, Bickford Park is accessible via a bicycle ride west along Harbord Street or a short bus ride on the 94 Harbord Bus west. The park, styled-off the more popular Christie Pits, provides visitors with amazing sunset views of the Toronto skyline, bat sightings, and a miniature graffiti gallery. In the area you can also find the retro malt shop, *Bean and Baker*.

5. Allan Gardens

Perhaps one of Toronto's most popular parks, this 100-year-old greenhouse and conservatory is home to exotic plants, flowing streams, and dozens of painted turtles. Open everyday until 5pm, the conservatory is only minutes away from the College Streetcar.

Taddle Creek Park's centre water feature is made of 4 km of steel, representing the length of the now buried river.

In 1964, Innis was a brand new college at the University of Toronto. As opposed to poaching upper-year students from other colleges, the administration chose to create a college uniquely composed entirely of first year students for that premier year. This float from the October 1964 Homecoming Parade plays on the fable of the stork delivering babies, or in this case U of T's "new arrivals".

SOURCE: ROBERT PATRICK, UNIVERSITY OF TORONTO ARCHIVES. With thanks to Ben Weststrate.

SEPTEMBER EVENTS @ INNIS / U OF T

September is a great time to explore events happening across campus before classes get too busy. Check out some of these events happening at Innis and U of T!

ICSS Pub Night
September 6, 7pm-1am

Join the ICSS at the Fortunate Fox on Bloor St. for a night of free food, free drinks, live music, and a good time with fellow Innis students!

UTSU Blue Jays Game
September 7, 4pm-11pm

If you're registered for Innis Orientation, you can join the UTSU at a free Blue Jays game this Friday! The fun starts with a pre-game pep rally from 4pm-7pm on Front Campus, featuring cheerleaders, volleyball, a DJ, blue paint + stickers, and a Photo Booth. For any upper-year students, there will be a rush line for tickets starting at 7pm on front campus.

UTSU Street Fest
September 12, 10am-3pm

Watch St. George Street transform into a giant festival complete with food trucks, music, club booths and sponsors. You can stay all day or drop by between classes to check out the fun! The festival will feature activities throughout the day and is a great way to liven up the school year!

MoveU Playday
September 13, 11:30am-2:30pm

Let loose and move your body at MoveU's annual Playday! Different activities will be running throughout the day on back campus, including dodgeball, bubble soccer, giant volleyball, mini putt, and giant jenga! Bring your friends, enjoy the activities, and have a chance to win free workout gear from *Under Armour*.

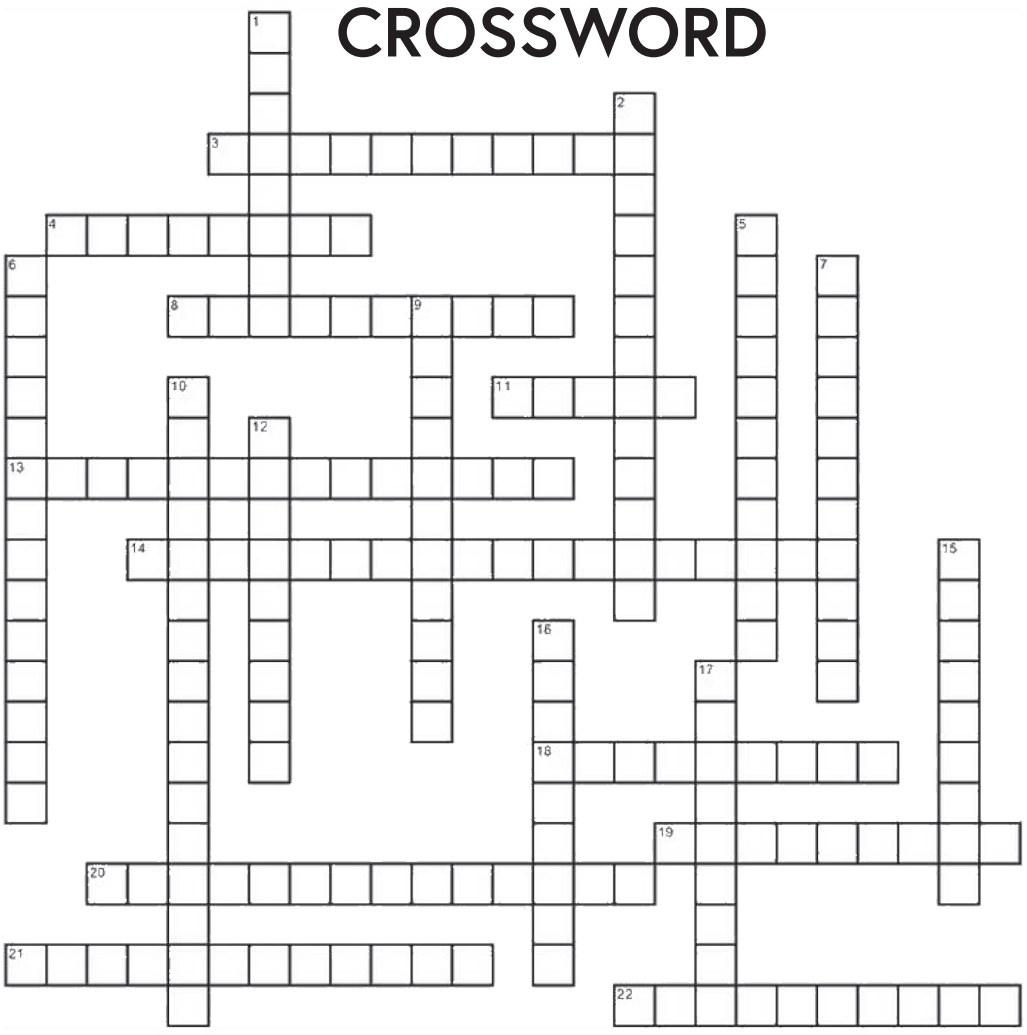
Queer Orientation
Septmeber 24 - 29

Queer Orientation is an annual week of LGBTQ-focused programming designed to create connections between queer students, staff, and faculty at U of T. The week features a diverse set of activities, including an escape room in Robarts library, an international students' lunch, button-making, a plant pot painting party, a pub night and more!

ICSS By-Elections
September 20 - 21

Run for a position on the ICSS or exercise your democratic rights and vote for your incoming council members. Nomination forms to run in the election are due on September 10th, the campaign period begins September 11th, and voting takes place on the 20th and 21st.

TORONTO NEIGHBOURHOODS CROSSWORD



Across

3 Baby strollers and some of the finest brunch spots
4 Some of the best vintage and antique stores found here
8 There's a name discrepancy over this east end neighbourhood
11 Frat house hub
13 There's a very long waiting list to live in (or on) this Toronto community
14 You'll walk on cobblestone streets here
18 This once-hippy haven is now a designer shopping mecca
19 Tzatziki
20 Honset Ed's was named after the same person
21 Peirogies!
22 Vibrant LGBTQ destination

Down

1 Where Toronto's "old money" lives
2 A.K.A. The Art and Design District
5 This neighbourhood was under prohibition until 2000
6 Indie88 lives here!
7 You're here if you see a show at the Mod Club
9 "The largest area of Victorian housing in all of North America"
10 Pedestrian Sundays shut down the streets during the summer
12 NXNE's new hub
15 Where to find the best dumplings in the city
16 Condo land
17 Degrassi was born here

COURTESY OF INDIE88

SUDOKU

COURTESY OF PUZZLES.CA

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